



DASC NEWSLETTER

December 2025



Q104 TOY DRIVE

DASC was proud to support the Q104 Toy Drive by delivering toy donations collected by our Life Enhancement Team. The visit included a stop at the Highfield Fire Station, where participants and staff enjoyed a guided tour of the fire trucks and learned more about the important work firefighters do in our community. It was a meaningful opportunity to give back while also connecting with local partners during the holiday season.



OUR HOLIDAY CLOSURE BEGINS ON WEDNESDAY, DECEMBER 24TH, AND WE WILL REOPEN ON MONDAY, JANUARY 5TH

ALC ENJOYS BAKING ALL MONTH LONG!

Our Active Lifestyles Clubs love spending time in the kitchen, and baking is always a favourite activity. It's a great way to build skills, work together, and enjoy something sweet at the end.



CRAFT SHOW

Our recent craft show was a wonderful success, thanks to the many groups who worked hard to create products for the event. We are grateful for the creativity and effort that went into every item. Together, we helped raise approximately \$1,300 in support of DASC programs. Thank you to everyone who contributed and came out to support the show.





LIFE ENHANCEMENT TEAM GIVES BACK

We were incredibly proud of our Individual Support Group! Participants at DASC, alongside their support team, made the thoughtful decision to skip their holiday celebration and instead donate those funds to the Cole Harbour Community Fridge.

Thank you to Mason, Matt, Julia, Megan, and the amazing support staff Rachel, April, Nicole, and Alexis for leading with kindness, generosity, and community spirit.

THERAPEUTIC ART GROUP

Our Therapeutic Art Group After-Hours class spent the evening painting Christmas trees, with each one turning out a little different. It was a wonderful celebration of creativity and self-expression. Stay tuned for January dates.



GROUP 4 MAKES CANDLES

Group 4 spent time making vanilla-scented candles through a hands-on candle-making activity. These candles are available for purchase at the front desk, with proceeds supporting DASC programs.



THANK YOU TO BLAIN KING INSURANCE & FINANCIAL SERVICES CO-OPERATORS

They stopped by with a \$1,000 donation in support of DASC programs.



HOLIDAY CARDS FOR SALE

DASC cards feature artwork generously donated by participants, showcasing their creativity and talent. These cards are available for purchase at the front desk for \$6.00 per card, with all proceeds going directly to support DASC programs. Meet our current card artists!

Emma



Jessie



Michael



SENIORS CHRISTMAS SOCIAL

The Community Employment Team hosted another successful seniors social! The holiday Social featured turkey soup, cookies, holiday games, and a special musical performance. It was a wonderful way to celebrate the season and bring some holiday cheer to the group.



SOUTHWEST PROPERTIES HOLIDAY PARTY

Members of the DASC team were invited to attend the Southwest Properties Christmas Party, where they enjoyed an evening of celebration alongside colleagues and partners. It was a great opportunity to connect, celebrate the season, and be part of a welcoming and inclusive workplace environment.





HOLIDAY CELEBRATIONS AT DASC

Our holiday celebrations at DASC brought everyone together for a festive and joyful day. The morning began with crafts, followed by a turkey dinner, and wrapped up with dancing. It was wonderful to gather with participants and staff from all programs to celebrate the season together and enjoy time as a community.



SANTA STOPS AT DASC

Santa made a special trip to DASC alongside Mrs. Claus and an elf, spreading plenty of holiday cheer. Every participant received a gift, and everyone enjoyed hot chocolate and cookies together. It was a magical visit that added an extra touch of joy to our holiday celebrations.





Dear Olivia

I hope this letter finds you well. I wanted to take a moment to express my deepest gratitude for the generous and thoughtful gift you gave to our family this Christmas. Your kindness truly warmed our hearts and made the holiday season even more special for us.

The care and thoughtfulness you put into choosing such a perfect gift mean more to us than words can express. It's not just the gift itself, but the love and generosity behind it that we'll always cherish. You have a wonderful way of making people feel seen and appreciated, and we are so lucky to have a friend like you.

Thank you again for being so thoughtful, and for bringing such joy to our family this holiday season. We are incredibly grateful to have you in our lives, and we look forward to creating more beautiful memories together in the coming year.

Wishing you all the
happiness, love, and joy
that you deserve.



From Henk